

2026

Health & Wellness Benefits

OPEN ENROLLMENT IS NOV. 3-14, 2025



BENEFITS AT COX

Troy Miles, Cox Automotive
Davika Basit, Cox Enterprises
Alisha Bowman, Cox Communications



Shawn Johnson, Cox Enterprises
MaryBeth Bunting, Cox Enterprises



BJ Burkett, Cox Enterprises

New Ways to Support Your Health & Wellness

This year, we are introducing two new healthcare plans to offer you more meaningful choices for meeting the changing needs of you and your loved ones.

NEW FOR 2026

- We have two new Aetna medical plan options: **Core PPO** (lowest premium, highest deductible) and **Premium PPO** (highest premium, lowest deductible). We're also continuing to offer a high deductible health plan (HDHP) that you can pair with a Health Savings Account (HSA) called the **HDHP Plus**.
- Choose the Comprehensive dental plan to get up to \$2,000 per person in orthodontia coverage.
Note: The Schedule (Basic) plan no longer covers orthodontic services.
- We are increasing the Cox employer contribution from \$825 to \$850 to the HSA for employees enrolled in the Employee + Spouse/Domestic Partner or Employee + Child(ren) tiers of the HDHP Plus medical plan. The 2026 annual contribution limits have been raised for the HSA, as well as Flexible Spending Accounts (FSAs), and commuter accounts. See page 8 for the new contribution limits.
- Remember, **Teladoc** and **Oshi Health** are now available at no cost for all Aetna medical plan members. Teladoc provides access to phone or video visits with a board-certified doctor 24/7 for non-emergency conditions (such as sinus infections, pink eye or flu) as well as dermatology and mental health visits.
Oshi Health is a virtual medical clinic focused on digestive healthcare for Aetna medical plan members, providing on-demand care from gastroenterologists, dietitians and behavioral health specialists.

Don't Miss Out: Re-Enroll in Your Pretax Accounts

Your FSAs, HSA and commuter account pretax elections don't roll over automatically from year to year. You must make your 2026 elections during Open Enrollment, even if you're choosing the same amount as 2025.

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11 HELPFUL RESOURCES

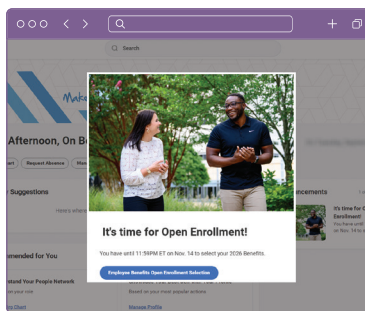
Arsha Lubr, Cox Automotive
David Green, Cox Automotive

Enrolling is as easy as 1-2-3

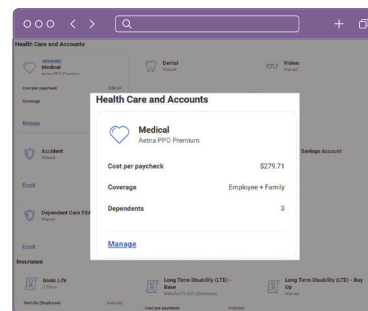
1 Log in to Workday through Inside Cox.



2 Click on the Open Enrollment message to access benefits recommendations and make elections.



3 Enroll in your 2026 benefits.



There are few things in life more important than making sure that the healthcare needs of you and your loved ones are covered. Thankfully, Cox offers flexible and affordable options to help you stay healthy without breaking the bank.

Better Benefits Decisions

Visit CoxEnterprises.com/Benefits to review our 2026 plans and premiums, as well as pretax savings accounts, supplemental insurance, and life and long-term disability insurance offerings.

What Plan is Right for You

Be sure to check out the chart on page 5 for a few scenarios outlining which medical plan may best match your circumstances. **Note:** Remember if you don't enroll for 2026, you'll automatically be enrolled in the plan that best matches your current coverage. See page 5 for more information on default enrollment.

Live Healthy and Happy

Start your journey to self-care. Visit InsideCox.com/Wellness for monthly updates on programs and events to boost your physical, mental and financial well-being.

Medical Plans

This year, we have two new plan options: Core PPO (lowest premium, highest deductible) and Premium PPO (highest premium, lowest deductible). We're also continuing to offer a high deductible health plan, HDHP Plus, that you can pair with an HSA. Our medical plans offer you meaningful choices to manage the total cost of your care.

Learn more about these plans at CoxEnterprises.com/Benefits. No login required.

		EMPLOYEE ONLY	EMPLOYEE + SPOUSE/DP ¹	EMPLOYEE + CHILD	EMPLOYEE + CHILDREN	EMPLOYEE + FAMILY ¹
Core PPO Offers a lower biweekly premium. Copays for doctor visits and mail order prescriptions. ⁹ Pair with a Healthcare FSA for maximum pretax savings. \$40 copay for primary care physician, \$60 copay for specialist.	BIWEEKLY PREMIUM	\$5.89	\$70.70	\$12.79	\$12.79	\$77.60
	FAMILY DEDUCTIBLE²	\$6,000	\$9,000	\$9,000	\$12,000	\$12,000
	OUT-OF-POCKET MAXIMUM³	\$7,900	\$11,850	\$11,850	\$15,800	\$15,800
HDHP Plus You pay full price for non-preventive care and prescriptions until you meet your deductible. Pair with an HSA for maximum pretax savings.	BIWEEKLY PREMIUM	\$9.34	\$106.23	\$20.35	\$20.35	\$117.25
	FAMILY DEDUCTIBLE⁴	\$2,000	\$3,400	\$3,400	\$4,000	\$4,000
	OUT-OF-POCKET MAXIMUM⁵	\$4,000	\$6,800	\$6,800	\$8,000	\$8,000
	COX CONTRIBUTION TO HSA	\$500	\$850 ⁸	\$850	\$850	\$1,000 ⁸
Premium PPO Meet your deductible faster; requires higher biweekly premiums. Copays for doctor visits and mail order prescriptions. ¹⁰ Pair with a Healthcare FSA for maximum pretax savings. \$30 copay for primary care physician, \$50 copay for specialist.	BIWEEKLY PREMIUM	\$58.04	\$217.68	\$120.07	\$120.07	\$279.71
	FAMILY DEDUCTIBLE⁶	\$800	\$1,600	\$1,600	\$2,400	\$2,400
	OUT-OF-POCKET MAXIMUM⁷	\$3,250	\$6,500	\$6,500	\$9,750	\$9,750

¹ Coverage for domestic partners is offered post-tax. Cox's contribution is also considered taxable earnings by the IRS.

² This plan has an individual deductible. You only need to meet your individual \$6,000 deductible before the plan pays based on your coinsurance (even if your family maximum hasn't been met). For your family, you pay the individual deductible for each family member (up to a maximum of \$12,000).

³ This plan has an individual out-of-pocket maximum. You only need to meet your individual \$7,900 out-of-pocket maximum before the plan pays your covered network expenses at 100% (even if your family maximum hasn't been met). You pay a total family maximum of \$15,800.

⁴ Keep in mind that the HDHP Plus has true family deductibles, meaning that you must meet the deductible listed for your level of coverage before the plan pays network coinsurance for anyone in your family. For example, if you cover both you and your spouse, you must meet the \$3,400 deductible before the plan starts paying coinsurance for either you or your spouse.

⁵ You'll want to note that the HDHP Plus has true family out-of-pocket maximums. You must meet the maximum costs listed for your level of coverage before the plan pays 100% of covered network services for anyone in your family. For example, if you cover both you and your spouse, you must meet the \$6,800 maximum before the plan pays 100% of covered network services for either you or your spouse.

⁶ This plan has an individual deductible. You only need to meet your individual \$800 deductible before the plan pays based on your coinsurance (even if your family maximum hasn't been met). For your family, you pay the individual deductible for each family member (up to a maximum of \$2,400).

⁷ This plan has an individual out-of-pocket maximum. You only need to meet your individual \$3,250 out-of-pocket maximum before the plan pays your covered network expenses at 100% (even if your family maximum hasn't been met). You pay a total family maximum of \$9,750.

⁸ Per IRS guidelines, HSA funds cannot be used for domestic partner expenses.

⁹ \$40 copay for primary care physician, \$60 copay for specialist.

¹⁰ \$30 copay for primary care physician, \$50 copay for specialist.

Try These Plans on for Size

Example scenarios to illustrate which medical plan may best match your circumstances.

Core PPO (lowest premium PPO, highest deductible, copays for doctor visits and Rx)

Paycheck Conscious

Health Needs Occasional care, mostly urgent care visits and uses plan only when necessary

Why Core? Accepts higher deductibles for lower payroll deductions



Infrequent Doctor Visits

Health Needs Rarely sees a doctor, uses mostly urgent care and uses plan only when necessary

Why Core? Accepts high deductibles for affordability; prioritizes lowest premium

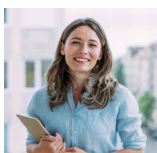
Key Consideration Do you have \$6,000-\$12,000 set aside to cover your deductible for you and your family in a medical emergency?

HDHP Plus (high-deductible health plan plus HSA with Cox contributions)

Emerging Professional

Health Needs Minimal, mostly preventive care

Why Plus? Can save money in HSA for future needs; lower premiums and tax advantages for longer term financial planning



Values Tax Savings

Health Needs Regular doctor visits, prioritizes wellness

Why Plus? Uses HSA as a tax advantaged savings tool; willing to pay higher deductibles for long-term savings

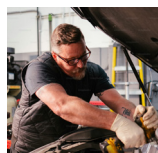
Key Consideration Do you have \$2,000-\$4,000 set aside to cover your medical expenses for you and your family before meeting your deductible?

Premium PPO (highest premium PPO, lowest deductible, copays for doctor visits and Rx)

Family Focused

Health Needs Regular pediatric and occasional specialist visits for spouse and children, prefers predictable costs

Why Premium? Lower deductibles and copays make budgeting easier; broad coverage for family



Known Health Condition

Health Needs Ongoing specialist visits, regular prescriptions; values comprehensive coverage

Why Premium? Lower out-of-pocket costs for frequent care and medications; avoids high upfront deductibles

Key Consideration Do higher per-paycheck deductions fit within your budget?

If you don't enroll during Open Enrollment, you will default into the plan that best matches your current coverage.

PLAN CONVERSIONS

FROM	TO
Low \$500 Deductible \$3,000 OOP Max Healthcare FSA	Premium PPO \$800 Deductible \$3,250 OOP Max Healthcare FSA
Medium \$1,000 Deductible \$3,500 OOP Max Healthcare FSA	
High \$2,000 Deductible \$4,000 OOP Max Cox HSA Contribution	HDHP Plus \$2,000 Deductible \$4,000 OOP Max Cox HSA Contribution



Rich Curtis, Cox Automotive

Note: If you waived medical coverage last year, and do not enroll in a plan during Open Enrollment this year, your coverage for 2026 will be waived again.

Pharmacy Benefits

With all three Aetna medical plans, you have access to comprehensive prescription drug coverage with convenient retail and mail order supply options. CVS Caremark administers our pharmacy plan with 60,000+ pharmacy locations nationwide. Visit **Caremark.com** for a full listing of covered prescriptions and pharmacy locations near you.

Members of the Core PPO and Premium PPO plans get specialty medications at no cost through PrudentRx.

Note: Prudent Rx is not available for the HDHP Plus plan.

CVS partners with GoodRx to automatically match the lowest price for your nonspecialty generic prescription drugs.

NEW FOR 2026: CVS is partnering with Scripta, a free prescription savings app that helps find lower-cost equivalent medications — empowering you to make informed choices with your doctor and save money. Look for more information in 2026 on how to access savings through Scripta.

PRESCRIPTION DRUGS	CORE PPO		HDHP PLUS	PREMIUM PPO	
	Retail	Mail	Retail/Mail	Retail	Mail
GENERIC	\$15 copay	\$30 copay	10% coinsurance, after deductible	\$10 copay	\$25 copay
PREFERRED BRAND	\$50 copay	\$100 copay	20% coinsurance, after deductible	20% coinsurance, after deductible	\$90 copay
NON-PREFERRED BRAND	\$100 copay	\$200 copay	30% coinsurance, after deductible	30% coinsurance, after deductible	\$125 copay
SPECIALTY	\$0 copay, once enrolled in PrudentRx (otherwise 40% coinsurance, after deductible)		20% coinsurance, after deductible	\$0 copay, once enrolled in PrudentRx (otherwise 30% coinsurance, after deductible)	

Retail (up to 30 day supply). Mail order or Caremark Maintenance Choice (up to 90-day supply). Caremark Maintenance Choice allows you to fill your 90-day prescription at various retail locations at the same price as mail. Visit **Caremark.com** to find eligible locations.

Know All Your Numbers: Physical Health

When you enroll in an Aetna medical plan, you unlock access to innovative programs to support you and your family. Remember, preventive care with an in-network provider is always covered. In 2026, the Know Your Numbers program is expanding beyond preventive care to include Knowing All Your Numbers — your overall physical, mental and financial health. The payroll credit for completing a health screening will be discontinued. Stay tuned for more information on Know All Your Numbers.

- **Hinge Health** offers at-home physical therapy with high-end wearables and app-based exercises guided by your personal care team. *This service is free under all three Aetna plans.* For more information, visit **HingeHealth.com/Cox**.
- **Oshi Health** is a virtual digestive health clinic offering unlimited access to gastroenterologists, registered dietitians, behavioral health specialists, educational materials and more. Oshi Health helps to diagnose and treat digestive conditions and works with patients to achieve symptom control. *This service is free under all three Aetna plans.* Visit **OshiHealth.com/Cox** to get started.
- **Gennev** virtual menopause clinic provides treatment for menopause discomfort, including prescription, nutrition and lifestyle solutions. To get started, visit **Gennev.com**.
- **Teladoc** lets you schedule a phone or video visit with a board-certified doctor 24/7 for non-emergency conditions (such as sinus infections and the flu), dermatology and mental health visits. *This service is free under all three Aetna plans.* Visit **Teladoc.com/Aetna** or download the Teladoc app to get started.
- **Teladoc Health** helps you manage chronic illnesses including diabetes, prediabetes, hypertension and weight management. Learn more at **TeladocHealth.com**.
- **Milk Stork** is a free breast milk shipping service for moms traveling for work. Available to employees and spouses/partners on the Cox Medical Plan through Aetna who are traveling for work. Visit **Milkstork.com/Cox** for more information.
- **Progyny** (fertility) helps all employees regardless of gender or marital status grow their family. Call **833-281-0087** to talk to a Progyny patient care advocate.

Dental Plans & Premiums

To help keep your pearly whites healthy, Cox offers two Aetna PPO/PDN dental network options. Visit CoxEnterprises.com/Benefits for more information on your dental benefits. No login required.

The Schedule (Basic) plan pays the cost of eligible expenses based on the set fee schedule found in the Healthcare Summary Plan Description. If your dentist charges more than the fee schedule allows, you pay the difference. **Note:** This plan is designed to cover your basic dental needs and does not cover orthodontia.

The Comprehensive plan pays a percentage of most recognized charges after you meet your deductible — and up to \$2,000 per person for orthodontia.

PLAN FEATURE	SCHEDULE (BASIC)	COMPREHENSIVE
Annual deductible (same for both plans)	\$50 per person \$150 per family	\$50 per person \$150 per family
PLAN MAXIMUM	THE PLAN PAYS	THE PLAN PAYS
Annual maximum benefit	\$1,000 per person	\$2,000 per person
Orthodontia lifetime maximum	Not covered	\$2,000 per person
COVERED SERVICES	THE PLAN PAYS	THE PLAN PAYS
Preventive and diagnostic care	Fixed fee (no deductible)	100% of R&C, ¹ (no deductible)
General and restorative care	Fixed fee after deductible	80% of R&C, ¹ after deductible
Prosthodontic care	Fixed fee after deductible	60% of R&C, ¹ after deductible
Orthodontic services	Not covered	50% of R&C, ¹ (no deductible)

	SCHEDULE (BASIC)	COMPREHENSIVE
EMPLOYEE ONLY	\$3.44	\$16.30
EMPLOYEE + SPOUSE/DP ²	\$6.87	\$22.08
EMPLOYEE + CHILD(REN)	\$7.90	\$22.08
EMPLOYEE + FAMILY ²	\$11.68	\$28.00

Please note: In most cases, oral surgery (e.g., removal of impacted wisdom teeth) is considered a form of medical surgery and is covered under the Cox Medical Plan, not the dental plan.

¹ Based on R&C (Reasonable & Customary) charges. R&C charges are prevailing rates that similar providers in the area charge for that service.

² Coverage for domestic partners is offered post-tax.

Pretax Accounts

Pretax accounts help you save money on taxes and pay for qualifying health, dependent day care and commuting expenses. See which option is right for you; visit CoxEnterprises.com/Benefits to learn more.

HEALTHCARE FLEXIBLE SPENDING ACCOUNT (FSA)

Contribute up to \$3,300 annually to pay for eligible healthcare expenses, like office visit copays. Up to \$660 of your unused funds will automatically roll over from 2025 to 2026, and from 2026 to 2027. You don't have to be enrolled in the Cox Medical Plan to participate. However, you can't enroll in a Healthcare FSA if you enroll in the HDHP Plus plan. You would instead use an HSA.

DEPENDENT CARE FSA

Contribute up to \$7,500* annually to pay for eligible child day care expenses or adult day care for an elderly parent. Please note that if you do not use all the funds by the end of the year, or if you leave the company, these funds will be forfeited.

COMMUTER ACCOUNTS

Cox employees may contribute up to \$3,900 pretax annually into parking and/or transit accounts to pay expenses incurred while traveling to work.

Eligible expenses include buses, trains, subways, ferries and vanpools, as well as parking at your place of employment or a location from which you commute to work.

*The IRS requires Cox to tax Dependent Care FSA contributions above a certain amount for highly compensated employees. In 2025, a highly compensated employee is defined as anyone earning more than \$160,000 annually. The taxable amount varies each year (in 2025, the threshold for highly compensated employees was \$2,069.14 in contributions) and was set by the IRS based on an analysis of our employee population and account contributions. You will be notified in 2026 if you are impacted.

Remember

Your pretax account elections don't continue automatically from year to year. You must make your elections **Nov. 3-14**.

HDHP Plus Plan? Don't Forget Your Tax-Saving Companion, the Health Savings Account.

If you plan to enroll in the HDHP Plus medical plan, don't forget to select the HSA. An HSA lets you put aside pretax dollars to pay for qualifying medical expenses. Cox will contribute up to \$1,000¹ annually into your account.

If you're 55 years or older, you can contribute an additional \$1,000. The balance automatically rolls over each year. Remember, you must enroll in the HSA each year to get the Cox employer contribution. Your funds can be invested or saved for retirement. Learn more at My.Optum.com/Cox.

	IRS MAXIMUM ALLOWED CONTRIBUTION	LESS COX ANNUAL CONTRIBUTION ¹	YOUR MAXIMUM CONTRIBUTION
EMPLOYEE ONLY	\$4,400	\$500	\$3,900
EMPLOYEE + SPOUSE/DP ²	\$8,750	\$850	\$7,900
EMPLOYEE + CHILD(REN)	\$8,750	\$850	\$7,900
EMPLOYEE + FAMILY ²	\$8,750	\$1,000	\$7,750

¹ To receive the Cox contribution, you must open an account and make a minimum election of \$0. The Cox contribution is prorated per paycheck.

² Per IRS guidelines, HSA funds cannot be used for domestic partner expenses.

Vision Plan & Premiums

Enroll in our vision plan through VSP and visit **VSP.com** to find a VSP Advantage network provider.

EVERY CALENDAR YEAR		VISION BIWEEKLY PREMIUMS	
EYE EXAM	• No charge when using a Premier provider • \$10 copay when using any other in-network provider	EMPLOYEE ONLY	\$3.75
GLASSES	• \$20 copay for lenses and frames; up to \$200 allowance for frames • Frame allowance can be used for nonprescription sunglasses and blue light-filtering glasses or contacts	EMPLOYEE + SPOUSE/DP ¹	\$5.00
CONTACTS	• Up to \$150 allowance for contact lens exams and contacts	EMPLOYEE + CHILD(REN)	\$6.00
		EMPLOYEE + FAMILY ¹	\$9.25

¹ Coverage for domestic partners is offered post-tax.

Know All Your Numbers: Financial Wellness

Cox offers free resources to help you reach your financial goals. Gauge your retirement readiness on **Vanguard.com**, take advantage of money management tools through My Money 101, or get counseling on saving, budgeting or getting out of debt at no cost through Resources for Living.

You can also create a custom student debt reduction plan and save for the future using Candidly, or take advantage of discounted home, pet, auto and identity theft insurance at **CoxAddedBenefits.com**.

Learn more on **InsideCox.com > My HR > Time and Money > Financial education and counseling**.

As we expand our focus to Knowing All Your Numbers, the payroll credit for completing a KYN health screening will be discontinued in 2026..



Shawn Johnson, Cox Enterprises



Jalane Olds, Cox Communications
Lauro Teopengco, Cox Communications

Life & Long-Term Disability

We offer you a basic level of life and long-term disability insurance at no cost through MetLife. During Open Enrollment, you can choose to purchase additional insurance for you and your dependents to supplement this coverage.

When you elect employee and/or dependent life insurance, an equal amount of accidental death and dismemberment coverage is automatically included. This coverage provides additional benefits for injuries or death due to an accident.

Supplemental Insurance

Visit **CoxEnterprises.com/Benefits** to review your supplemental insurance options to help offset the cost of accidental injury, serious illness or a hospital stay. These benefits are paid directly to you to help cover expenses.

Know All Your Numbers: Mental Health

Take control of your mental well-being with comprehensive programs to support you and your loved ones.

- **Resources for Living** offers eight free counseling sessions per topic, per year — available face-to-face, via chat, email, or video—for you, your household members, and dependents up to age 26. Free in-the-moment, single-session phone consultations are also available and do not count toward the eight sessions. You can also access work-life resources and professional services for legal and financial advice. Learn more at **ResourcesForLiving.com** (username: Cox; access code: RFL) or call 888-265-1782.
- **Calm** offers guided meditation, calming sounds, ambient music, sleep stories, Calm for kids and more. Claim a free membership for you and up to five friends or family members over the age of 16. Learn more at **InsideCox.com/MentalHealth**.
- **Wellness forums** are virtual group discussions guided by a licensed professional and designed to help you manage a wide range of emotions. Check out the schedule on the Wellness group on **CoxImpact.com**.
- **Teladoc** is available at no cost to members of the Cox Medical Plan to talk to a mental health professional via web, phone or mobile app.

Visit **CoxImpact.com/Wellness** to explore and register for wellness events happening throughout the year.

As we expand our focus to Knowing All Your Numbers, the payroll credit for completing a KYN health screening will be discontinued in 2026.



Twenty years after CERF was founded to help victims of Hurricane Katrina, the program remains a lifeline for employees and their families when unexpected expenses arise from:

- Illness or injury
- Loss of a family member
- Natural disaster
- Unemployment of a spouse or domestic partner
- Sale or foreclosure of a home being rented as a primary residence

YOUR DOLLAR MAKES A DIFFERENCE.

Donating as little as one dollar per pay period will contribute to the greater good of the Cox community. It's easy to do while you're in Workday.

Click **Menu > Benefits and Pay > Pay > Voluntary Deductions**. Add a deduction for the Cox Employee Relief Fund. The deduction will take effect on the next payroll.



SUPPORT THE FUTURE OF CERF BY DONATING NOW.

You can also make a one-time credit card payment, or designate your Spark, Amplifi or PROPS reward points. Scan the QR Code to donate your way at **CoxRelief.com/Donate**.

Helpful Resources

COXENTERPRISES.COM	Learn more about your health and wellness benefits	CoxEnterprises.com/Benefits
INSIDE COX	Learn how to use your health and wellness programs and log in to Workday to enroll in your 2026 benefits	InsideCox.com
AETNA (MEDICAL, DENTAL AND SUPPLEMENTAL BENEFITS)	- Aetna Health Concierge — personal help with questions and claim issues - Informed Health Line — 24/7 nurse line - Aetna Behavioral Health - Aetna Care Advocate — personal support for more serious health concerns - Supplemental benefits (Critical Illness, Accident Insurance and Hospital Indemnity)	Aetna.com 888-553-3449
	- Locate an in-network provider and print ID cards - Review and download claims information - View available Aetna member discounts	Aetna.com Aetna App
CVS CAREMARK (PRESCRIPTION DRUGS)	- Locate in-network pharmacies - Prescription drug information - Drug cost comparison tool	Caremark.com 844-254-6829 Caremark App
	- Specialty pharmacy information - PrudentRx	CVSSpecialty.com 800-237-2767 PrudentRx 800-578-4403
GENNEV	Virtual menopause clinic	Gennev.com 206-895-4292
HINGE HEALTH	At home physical therapy solution	HingeHealth.com/Cox
MERCER (ADDED BENEFITS)	Support and questions for pet insurance, identity theft protection, and home and auto insurance	CoxAddedBenefits.com 855-601-1782
METLIFE (LIFE AND LONG-TERM DISABILITY INSURANCE)	- Life insurance - Long-term disability insurance	844-MET-4-COX (844-638-4269)
MILK STORK	Breastmilk shipping service	MilkStork.com/Cox
OPTUM FINANCIAL (FSA, HSA, COMMUTER)	- Flexible Spending Account (FSA) questions and claims - Health Savings Account (HSA) questions and claims - Commuter parking and transit accounts questions and claims	MyOptum.com/Cox 844-881-4589
OSHI HEALTH	Virtual digestive health clinic	OshiHealth.com/Cox 646-876-8455
PROGYNY	Connect with a patient care advocate to learn more about fertility benefits	833-281-0087
RESOURCES FOR LIVING	- Professional counseling via phone, text, video or face-to-face - Referrals for child day care and adult day care - Legal and financial resources	ResourcesForLiving.com Username: Cox Access code: RFL 888-265-1782
TELADOC HEALTH	Telemedicine appointments for non-emergency care, mental health visits and dermatology	Teladoc.com/Aetna 855-TELADOC (835-2362)
	Manage chronic conditions, including weight management, diabetes, prediabetes and hypertension	Teladoc.Health.com/benefits/cox-ccm 800-945-4355
VSP (VISION)	Find vision care providers in the VSP Advantage network	VSP.com 800-877-7195
COX WELLNESS PROGRAMS	See a full listing of all our wellness programs and their eligibility requirements	InsideCox.com/Wellness



Angelo Jaramillo, Cox Communications

MARK YOUR CALENDAR:

Open Enrollment is Nov. 3-14

Remember to visit **Inside Cox** and log into Workday to enroll in your 2026 benefits.

FOR QUESTIONS OR MORE INFORMATION:

Cox Enterprises Cox.Service-Now.com/ESC

Cox Automotive CoxAuto.Service-Now.com/ESS | 855-449-0010

Cox Communications CoxOne.Cox.com/MyHR | 877-290-MyHR (6947)

Visit **Inside Cox** for important notices related to your health and wellness plans.



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Escanea para leer en español
información sobre los beneficios.

COX

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